

Inspiring Effective Action for the Emerging Era



**GLOBAL FORUM FOR ACTION LEARNING
BARCELONA • JUNE 19, 2023**

MARILEE ADAMS & PATRICK Mc NAMARA



- What gives meaning and purpose for me in my work?
- How do I make a difference for the good of the whole?”



Inner Development Goals



Transformational
Skills for
Sustainable
Development



The Journey Starts Here

1 Being

2 Thinking

3 Relating

4 Collaborating

5 Acting

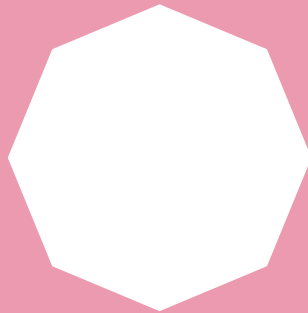


We bring the power of inner development



to all global challenges





Being

Relationship
to Self

Thinking

Cognitive Skills

Relating

Caring for Others
and the World

Collaborating

Social Skills

Acting

Enabling Change

Inner Compass

Integrity and
Authenticity

Openness and
Learning Mindset

Self-awareness

Presence

Critical Thinking

Complexity
Awareness

Perspective Skills

Sense-making

Long-term
Orientation and
Visioning

Appreciation

Connectedness

Humility

Empathy and
Compassion

Communication
Skills

Co-Creation Skills

Inclusive Mindset
And Intercultural
Competence

Trust

Mobilization Skills

Courage

Creativity

Optimism

Perseverance

UNITAR Collaboration & Innovation Programme

Mindset Shifts • Relationship Shifts • Action Shifts



Large German Bank • IDGs & SDGs to Strategic Agenda

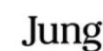
Communication • Connectedness • Creativity

Institutional Partners

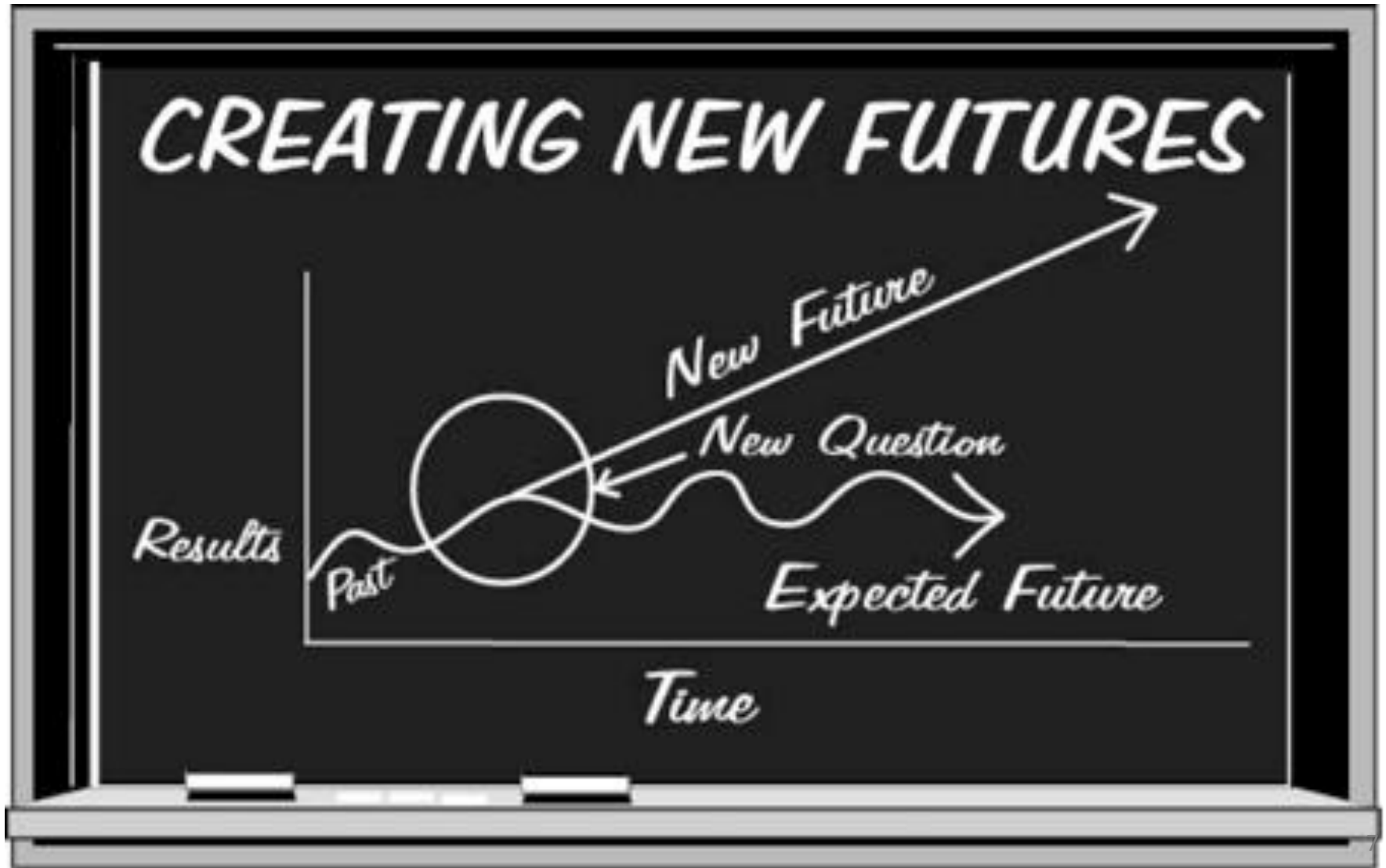
BMW Foundation
Herbert Quandt



Collaborating Partners



Creating New Possibilities by Asking New Questions

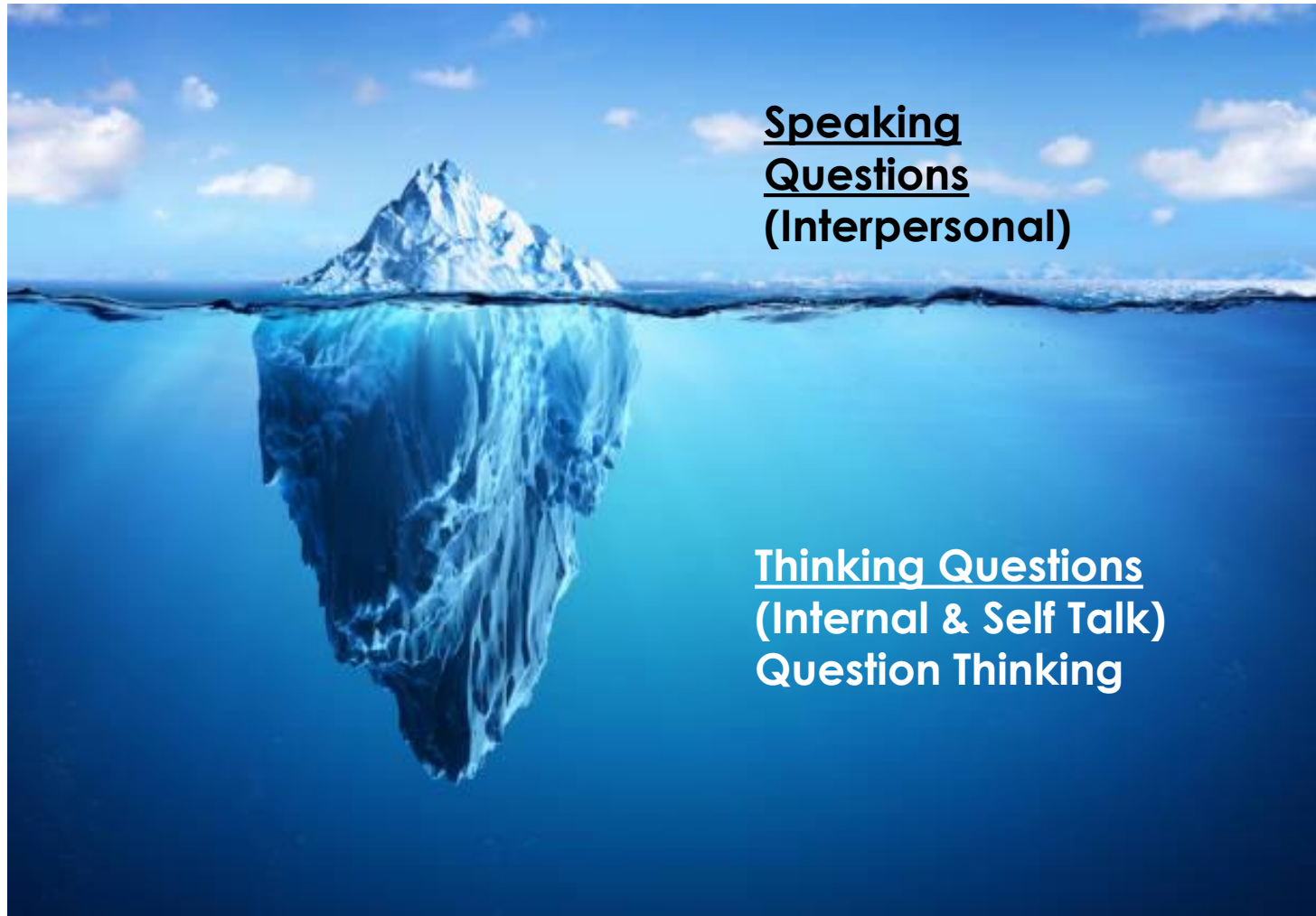








Question Domains



Speaking
Questions
(Interpersonal)

Thinking Questions
(Internal & Self Talk)
Question Thinking

Choice Map™

We choose moment by moment





Our Learner & Judger Mindsets

Judger Mindset is more closed-minded, critical, judgmental (to self and others), and inflexible. It's also blame and problem-focused.

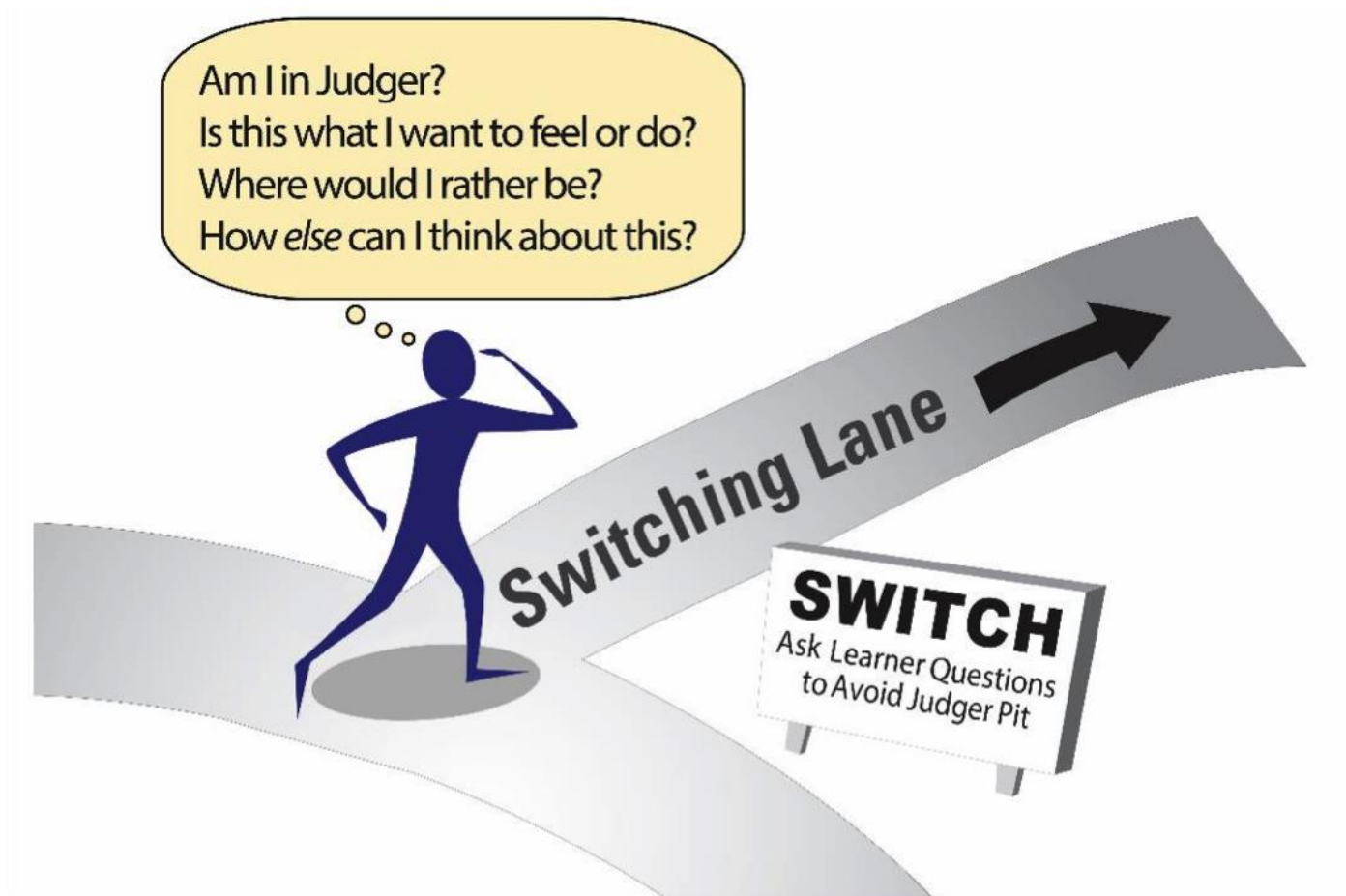
Closes possibilities ...

Learner Mindset is more open-minded, curious, flexible, accepting, creative, and connected. It's also responsibility & solution-focused.

Opens possibilities ...

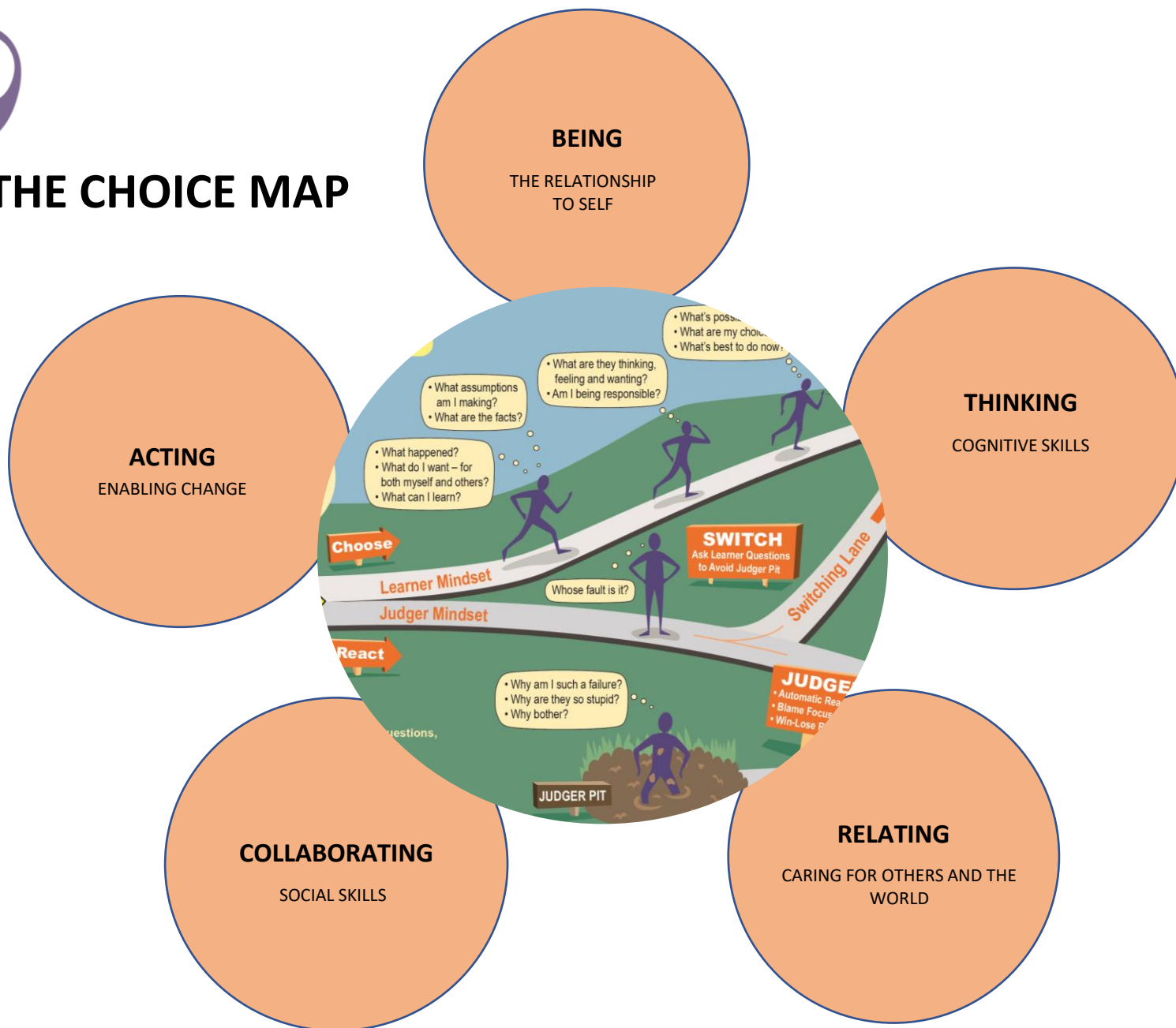


Switching Questions





IDGs & THE CHOICE MAP



Inner Development Goals – Practitioners' Network

Systems Thinking • Sense-Making • Perspective Skills

Hold B to broadcast your voice to all rooms

Got it

The image shows a grid of 20 video call participants arranged in 5 rows and 4 columns. Each tile contains a video feed of a person and a name label at the bottom. The participants are: Paz garcia, Patrick Mc Namara, Sibylle Breiner, Germany, Cathy, Charlice Hurst (Charlotte), Joyce Morrisette, Maine, Patricia Gibin, Sophie Le Dorner, Vanessa Daswani - Barcelo..., Monica Sulecio de Álvarez, Jörg, Berlin, Andre Almeida Santos (Lisbon...), Simone Beerepoot Netherl..., John Stokes, Brad Peirce - Portland, ME, Cathryn LeCorre (she/her), Tiina Wikström, Vanda (Lisbon, PT), Myriam Ines Giangiacomo - R..., Valerie Jackman, Jo, Halla Makarem, Beirut, Beth Filar Williams (she/they)..., Mimi Washington DC, and Maria del Pilar- Zurich. Some tiles have additional icons like a microphone or a 'Mute' button.

Paz garcia	Patrick Mc Namara	Sibylle Breiner, Germany	Cathy	Charlice Hurst (Charlotte)
Joyce Morrisette, Maine	Patricia Gibin	Sophie Le Dorner	Vanessa Daswani - Barcelo...	Monica Sulecio de Álvarez
Jörg, Berlin	Andre Almeida Santos (Lisbon...)	Simone Beerepoot Netherl...	John Stokes	Brad Peirce - Portland, ME
Cathryn LeCorre (she/her)	Tiina Wikström	Vanda (Lisbon, PT)	Myriam Ines Giangiacomo - R...	Valerie Jackman
Jo	Halla Makarem, Beirut	Beth Filar Williams (she/they)...	Mimi Washington DC	Maria del Pilar- Zurich

Findhorn Ecovillage • Climate Neutral 2030

BEING: Presence • Integrity • Self-Awareness



Healing Forest

Collaboration: Co-Creation • Mobilisation • Trust



Inner Development Goals • Global

RELATING: Trust • Listening • “Living the IDGs”



Climate Change Negotiators Taking Action

ACTING: Courage • Optimism • Perseverance



Taking Action

How can I use the IDGs and the Choice Map to relate, collaborate and empower effective action.

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